

## OUR DHARMA

A dharma is “ones path” (It actually says “to righteousness” but we reckon that sounds a bit pretentious!)

Om Is Where The Heart Is aims to spread the love and light to our ever growing community through yoga and good, honest food and drink.

We believe our dharma is to make eating well and doing good for your body and mind a habit, all while allowing us to serve you with a smile. Some might say we are just keepin’ it real...

We feel that the time has come for a change, a yoga-lution so to speak!

There is no reason we shouldn't all have access to tasty, healthy food, a variety of yoga classes and most importantly to us, excellent customer service.

Nothing will ever be too much trouble for us-so we beg of you please-to not be so British about things! If something isn't right, tell us! We want every Omie who steps through our door to leave with their tummies and hearts full.

We CAN'T FIX ANYTHING ONCE YOU'VE GONE so please, be honest, be kind.

It is our humble honour to welcome you to our Om.  
Big Love, Alex + Ellie

Your safety is our priority so please inform our staff of any allergies. We will of course do our best to accommodate you, with the the utmost care being taken during preparation, however we do not operate an entirely allergen free kitchen. Bearing this in mind, our staff reserve the right to decline any requests that may put your safety at risk. All of our dishes are made fresh to order, meaning during busy times that it might take up to 30 minutes to get your order out to you, please know how much we appreciate your patience.

Many of our dishes are finished with coriander sprinkles. If you are one of the 17% of people who find coriander tastes like soap, just tell us. We won't sprinkle you, don't panic, it's genetic!

## All Day Brunch Bites

### Topped Sourdough Toast

Homemade, Cultured Butter	4.50
Homemade, Cultured Butter + Homemade Jam	4.95
Philadelphia Cream Cheese	6.50
Organic Peanut Butter + Banana	6.95
Smashed Avocado	6.95
Add 2 Poached Eggs for 2.00	
Add 2 rashers of bacon for 2.00	

### 3 Stack of Pancakes, 9.95

With a choice of 2 toppings;

Homemade jam

Nutella

Honey

Banana

Golden Syrup

100% Maple Syrup

### American Pancakes 10.95

3 stack of our signature fluffy pancakes, layered between double smoked bacon, drizzled in maple syrup with a sprinkle of cinnamon sugar.

### Bourbon Banana French Toast 10.95

2 Chunky slices of Roger's brioche loaf topped with Bourbon caramelized bananas and cinnamon sugar.

### Brekkie Burrito 8.50

A delicious scramble of eggs, chorizo, smoked cheese and spring onions wrapped up in Roger's hand rolled soft tortilla. Served with coriander yoghurt on the side. GF Available.

### OMlettes with Feelings

8.50

The classic 3 egg OMlette is served with dill, parsley and spring onions, with a chunk of Roger's sourdough and homemade tzatiki on the side. FEEL like a little something more?

Add any of the below fillings for 95p each;

- \*Bacon
- \*Chorizo
- \*Mushroom
- \*Tomato
- \*Smoked Cheddar
- \*Halloumi
- \*Mixed Veg

GF Available

### Om Eggs Benny

9.50

Our house eggs benedict, two perfectly poached free range eggs and bacon, on top of spinach, then a thin spread of tomato and pepper paste on Roger's fresh sourdough toast. Topped off with homemade, cool avocado and a light dusting of cayenne pepper. GF Available.

### Cajun Eggs Benny

9.50

A Cajun Twist on our eggs benedict, two perfectly poached free range eggs with our secret recipe cajun fried chicken breast fillets, on top of spinach, then a thin spread of tomato and pepper paste on Roger's fresh sourdough toast. Topped off with homemade, cool avocado and a light dusting of cajun seasoning. GF Available with pan fried chicken.

### Loaf Is All You Need

8.95

Nothing says "I loaf you" more than a chunky slice of Rogers Sourdough topped with smashed avocado and cherry tomatoes mixed with coriander and lemon, two perfectly poached free range eggs then finished with a drizzle of honey.

GF Available.

Add Halloumi for 2.00

Add Bacon for 2.00

Philly Smoked Salmon 8.95

3 pieces of toasted sourdough, a generous smothering of Philadelphia cream cheese, with smoked salmon and garnished with thinly sliced fresh cucumber, lemon and dill.

Add 2 eggs for 2.00

GF available.

Avocado Grilled Cheese 9.50

Mouthwatering smoked cheddar and smashed avocado toasted sandwich on Roger's sourdough, finished with cherry tomatoes to garnish and compliment this dish.

GF/Vegan Available.

Add Bacon for 2.00

B.L.A.T/C.L.A.T/H.L.A.T 9.95

Lightly toasted Roger's sourdough, Double Smoked Bacon, Salt and Pepper chicken Breast or Halloumi, Lettuce and Tomato sandwich with an added smear of smashed avocado. GF available.

Midnight in Harlem 10.95

Our take on a New York Deli classic. This home-cured pastrami sandwich is paired with mustard mayo and smoked cheddar on lightly toasted Roger's Rye Bread. It comes with crunchy pickles on the side to give you those New York vibes.

Shakshouka 11.50

An Arabic dish, served in a sizzling skillet consisting of tomatoes and peppers finished off by poaching 3 free range eggs in the dish served with a hunk of Roger's Sourdough to dip. GF Available.

The Hangover Skillet 12.95

Fill yer boots with potato, chorizo and onion hash, homemade sofrito sausage, two rashers of bacon, a charred, roasted pepper, topped with a fried egg. Finished with crispy fried onions, crumbled feta cheese and homemade Shakshouka Ketchup.

Soup Bowl 9.50

Check the Specials Board to check our two soups for the day, we always offer one meat and one vegan option, served with a chunk of Roger's sourdough. GF Available.

Skewer & add a Side 10.50

- Salt & Pepper Chicken
  - Halloumi & Beetroot Blend (Beetroot, mushroom and blackbean)
- Head to the back of the menu to choose your side. GF.

Wrap it up & add a side 11.50

- Southern Fried Chicken Wrap with cucumber, sour cream & leaves.
- Pan fried chicken, Halloumi, spinach wrap with sofrito dressing. GF Available.
- Halloumi & Beetroot Blend (Beetroot, mushroom and blackbean) wrap with spinach and cherry tomatoes. GF Available.
- Spicy Beetroot Falafel Wrap with baby gem, spinach, cherry tomatoes, ginger tahini and a Jalapeño dressing.

Vegan. GF Available.

All wraps are Roger's hand rolled soft tortilla's

Buddha Bowl 10.95

Always fresh, always veggie, always full of flavour. Ask one of our Omies or check the Specials Board to see our bowl for the week.

<u>Loaded Fries</u>	Fries	10.50
	Sweet Potato Fries	11.50

First choose your fries - either regular or sweet potato - then decide how you want them loading. For the carnivore, we offer our signature Jim Beam Bourbon BBQ beef brisket oozing with melted cheese, topped with jalapeños. The herbivore option comes loaded with grilled veggies, jalapeños, smoked cheddar. GF, Vegan available.

## Hungrier? You can even eat these at 10am!

### El Cubano 13.50

Cuban style slow cooked, spiced rum, pork sandwich with pickled red onions, smoked cheddar sandwich on a crusty baguette, comes with coriander aioli on the side + any one side from the back of the menu.

### Bao Buns 14.50

An asian street food staple, our Bao Buns are steamed by Roger. First choose your filling; Buttermilk Fried Chicken, Sticky Belly Pork, Bahn Mi Style Pork Meatballs or Halloumi Strips. Then head to the back page of the menu to pick a side. This comes as a portion of 2 buns, with wasabi mayo, finished with fresh chilli and walnuts + kimchi on the side.

### Beetroot Burger 13.50

Beetroot, mushroom & black bean patty served up with a choice of two sides. Served on a brioche bun, but just ask if you want it to be vegan! Pleasing for your eyes and your mouth! Comes with a choice of any two sides.  
GF/Vegan Available.

### Dirty Meat Burger 14.50

Homemade beef patty topped with Jim Beam Bourbon BBQ Beef Brisket (that's a mouthful!), bacon and smoked cheese served in a Brioche bun. Grab the kitchen roll, it'll be messy! Comes with a choice of any two sides.  
GF Available. Not Vegan. At All.

### Southern Style Chicken Burger 13.95

Secret recipe deep fried chicken breast on top of a baby gem leaf, with sour cream and cucumber served in a Brioche bun. Comes with a choice of any two sides.  
GF Available with Pan Fried Chicken.

### New Orleans Jambalaya

13.95

Taking inspiration from the kitchens of the Deep South, a soul satisfying rice dish with tomatoes, chicken, shrimp, chorizo, onions & peppers, all jambal-ed together with a cajun kick to warm yer cockles!

### Vegan Jambalaya

10.95

As above sans Meat, but not sans flavour!

### Canadian Poutine

Check Board

Our take on the ever popular Canadian Dish. French fries smothered in a cheese and white wine sauce, with Yorkshire Curds, then topped with a speciality meat and gravy of the week. Ask one of our Omies or check the Specials Board to see our meat for the week.

### OMac & Cheese

Our menu wouldn't be complete without the ultimate comfort food dish, Macaroni Cheese. It's carby, cheesy and probably not so good for your waistline and because we don't do boring you've always got the option for our pimped up weekly special from the board.

Simply Smoked Cheese

10.95

Special Mac

Check Board

### Carnivore Nacho Platter (recommended as a sharing plate)

15.50

Tortilla chips layered with our signature Jim Beam Bourbon BBQ beef brisket, smoked cheddar, BBQ Sauce, pickled jalapeños, guacamole & sour cream. GF

### Herbivore Nacho Platter (recommended as a sharing plate)

15.50

Tortilla chips layered with mixed grilled veggies, jalapeños, smoked cheese or vegan cheese, BBQ Sauce, guacamole & sour cream/vegan mayo. GF

## Sides

### Sweet Potato & Red Onion Bhaji 10.50

How can you come to Om and not try our legendary Bhaji's? A mix of grated sweet potato and finely sliced red onions, garlic and coriander. Fried to order, when ordered on the side of a main dish the bhaji's come as portion of two. Put the full portion of five bhaji's in the middle of the table for everyone to share, served with a mint yoghurt dip.

### Edamame 8.50

Suck and spit these Japanese style, in-shell soy beans tossed in soy sauce, orange and garlic with a hint of chili. Healthy and delicious and the full portion is big enough to share. GF, Vegan.

### Pineapple Salsa 5.50

Diced pineapple, tomatoes, red onions and coriander. Fresh, light and full of flavour. Served with Tortilla Chips when ordered as a stand alone dish. GF, Vegan.

### Grilled Veggie Goodness 6.50

A delightfully seasoned plate of fresh peppers, red onions & asparagus cooked in Maple Syrup. GF, Vegan.

### Fries GF, Vegan. 4.50

### Sweet Potato Fries GF, Vegan. 5.50

### Add Ons, All Made In House 0.95

Cultured Butter, Tzatziki, Bourbon BBQ Sauce, Shakshouka Ketchup, Mint Yoghurt, Avodaise, Coriander Aioli, Coriander Yoghurt, Mustard Mayo, Wasabi Mayo, Chilli Mayo, Sofrito, Jalapeno Salsa.